

MANYMOTHERS

Improving Our Community, One Baby at a Time

ANNUAL REPORT

REFLECTS THE DATES OF
JAN. 1, 2019 TO JUNE 30, 2020



DIRECTOR'S STATEMENT

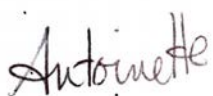
Dear Friends of Many Mothers,

There was a time when new parents would come home to a secure, multi-generational family that would gather to help them with the intense task of caring for a newborn. Today, far too many young families face the challenges of raising a child alone or they bring their newborns home to communities unable to provide necessary support, leading to familial stress. According to the American Academy of Pediatrics, "The major reasons for physical and psychological maltreatment of children within the family often are parental feelings of isolation, stress, and frustration." Many Mothers began as a grassroots program in the 1990s when our founder began serving a handful of families out of her home. Now, twenty-five years later, our organization manages six active programs, positively impacting the lives of over 400 New Mexico parents, children, and infants each year.

Since 2017, when the number of families we support annually nearly doubled, our staff has been overwhelmed with the increasing needs of families. Today, we face additional challenges with the COVID-19 health crisis and the social distancing required. Our world looks quite different than it did just a few short months ago, and so this annual report reflects our work pre-COVID-19 until the present. In the midst of another shutdown, we are all learning to live with masks, uncertainty, and the hope that this time will pass quickly, that our loved ones will stay healthy and that our community will wrap its arms around those who are struggling.

Many Mothers is committed to continuing to meet the needs of families with newborns and infants in Northern New Mexico. We do so today with increased ingenuity and resolve to uplift those most in need of love and care.

In the spirit of community,



Antoinette Villamil
Executive Director



MISSION STATEMENT

Many Mothers contributes to the health and wellbeing of communities by providing physical, emotional, and practical support to any family following the birth or adoption of a new baby.

VISION

Dr. Gabor Maté, a leading pediatrician and author, says the key to raising healthy children is a nurturing home and community, but those environments are extinct. "We live in a society... that completely destroys the parenting environment and then we have all these kids in trouble and we medicate them."

What Many Mothers does is simple yet highly impactful: We reduce the level of stress that families experience by offering a way for families to feel connected with another member of the community through nonjudgmental, hands-on support. Our goal is for families to experience a "village" to raise healthy children.

"Being a mom can be very isolating. We need to be with other adults and feel supported. My days at home with the baby feel so long. Having support is what my lonely, stressed out brain needs!"
~Tara S. Supported mom & former board member

2020 COVID-19 DEMOGRAPHICS

Out of the 89 families we served in our Babies' Basic Needs program from April to June, 2020:

- * 46% of families reported income of 0-\$15,000/year
- * 43% of families reported income of \$15-30,000/year

Compared to our 2019 data:

- * 12% of families reported income of 0-\$15,000/year
- * 16% of families reported income of \$15-30,000/year



COVID-19 EMERGENCY RESPONSE PROGRAMS

Not being able to provide basics for your children can have “a cascading effect,” said Myra Jones-Taylor, the chief policy officer for Zero to Three, a nonprofit focused on the well-being of infants and toddlers. Researchers at the University of Oregon surveyed 2,400 caregivers across the socioeconomic spectrum and found that when “caregivers report financial and material hardship, within a week it leads to caregiver emotional distress,” which can include sleeplessness and anxiety. By the following week, “caregiver emotional distress is linked to child emotional distress.”

Sarah was 7 months pregnant and living in a shelter. Sarah had experienced homelessness throughout her pregnancy and was determined to find stable housing before her baby was born. After connecting Sarah with Youth Shelters, the Many Mothers' navigator, Zoey, was able to connect the client with a short-term rental property in June 2020. With the assistance of Youth Works and Youth Shelters, Sarah and her partner will be able to remain together and have a home. Zoey is also working to connect Sarah to more sustainable long-term living solutions, transportation, healthcare, and baby necessities for her and the baby.



BABIES' BASIC NEEDS PROGRAM

The Babies' Basic Needs program is our response to the economic fallout caused by COVID-19. During a monthly distribution, we aid income-eligible families in Santa Fe, Rio Arriba, and Los Alamos with basic needs supplies: diapers, formula, baby food, and more, including a stroller to a family with twins and specialized hypoallergenic formula for a preemie baby. As part of this program, we have limited funding to assist with rent and utilities for families experiencing financial strain. Since April 2020, we have provided **over 350 essential material items to 89 families**. We have been serving 35-50 families during each cycle since April 2020, impacting well over 250 individuals to date.

Prior to COVID-19, 1 in 3 families in the US struggled to afford diapers for their children. In June 2020, The National Diaper Bank Network reported locations in the U.S. are distributing 50% more diapers monthly to families in need than before COVID-19.

FARM-TO-FAMILIES PROGRAM

Our Farm-to-Families Program was also launched as a response to COVID-19. During the monthly basic needs distribution, income-eligible families are provided with a bag of farm fresh produce from our partners at the nonprofit **Reunity Resources**, along with dry goods from **DAYA**, a local wholesale company, and beef from the **New Mexico Farmer's Market Association**. Since May 2020, we have distributed food bags to 58 families. Generous funding from the **Santa Fe Community Foundation** COVID-19 Response Fund will allow us to keep the program going through September 2020.

1 in 4 children in our community experiences hunger.





NAVIGATION PROGRAM

Our new Navigation program is designed to connect families to community resources in order to support positive outcomes in the areas of parenting support, housing, transportation, food, safety, and utilities. Our bilingual navigator provides one-on-one assistance to families with new babies in need of additional support. Our goal is to make sure every family requesting services is given access to available programs. We can help families address food security concerns as well as provide formula, diapers, and wipes. At times, we are also available to help families with emergency rental and utilities payments. Since April 2020, we have provided navigation services to 89 families in Santa Fe and Rio Arriba counties. Here is a breakdown of the number of families that have received navigation support:

- Food Assistance (58)
- Housing Assistance (10)
- Material Supplies Assistance (89)
- Transportation Assistance (3)
- Utilities Assistance (4)

TRADITIONAL PROGRAMS

"I lost a baby to SIDS and want to make sure I know everything about how to keep my new baby safe. Thank you for this education!"



SAFE SLEEP PROGRAM

Our Safe Sleep Program, originally named after Many Mothers' volunteer Joy Lanum and launched in 2016, addresses issues of unsafe sleep practices. We provide families with a safe sleep space for babies and research-based education that is proven to reduce the incidence of SIDS in our community. CYFD adopted our one-page guideline for safe sleep, created by our staff members, for their own statewide use.

Since 2019, **we have provided researched-based safe sleep education and portable safe sleep cradles to 263 families** in Santa Fe, Rio Arriba, and Los Alamos counties.

MATERNAL SUPPORT PROGRAM

Our long-standing Maternal Support Program has pivoted since the COVID-19 crisis began. We still provide practical, hands-on support to families, but since many volunteers and families are not comfortable working with families in their homes, our support has a new approach. Volunteers are available to assist families in a socially distanced way by helping with grocery shopping, meal preparation, errands, and meeting in outdoor areas to counsel new mothers. Since 2019, we have supported 129 families, impacting a total of 432 parents, babies, and children.

2019 Data

Family Size	Number of families supported
2	15
3	45
4	37
5	11
6	7
7	2
8	1

Family Income	Number of families supported
0-\$15,000/yr	22
\$15-30,000/yr	40
\$30-50,000/yr	23
\$50-70,000/yr	18
Over \$70,000/yr	26

"The tasks of parenting can be so overwhelming for a new mom. I appreciate this program and my volunteer's support in particular during this transition time. I really don't know how I could have done it without her." ~Supported Mother

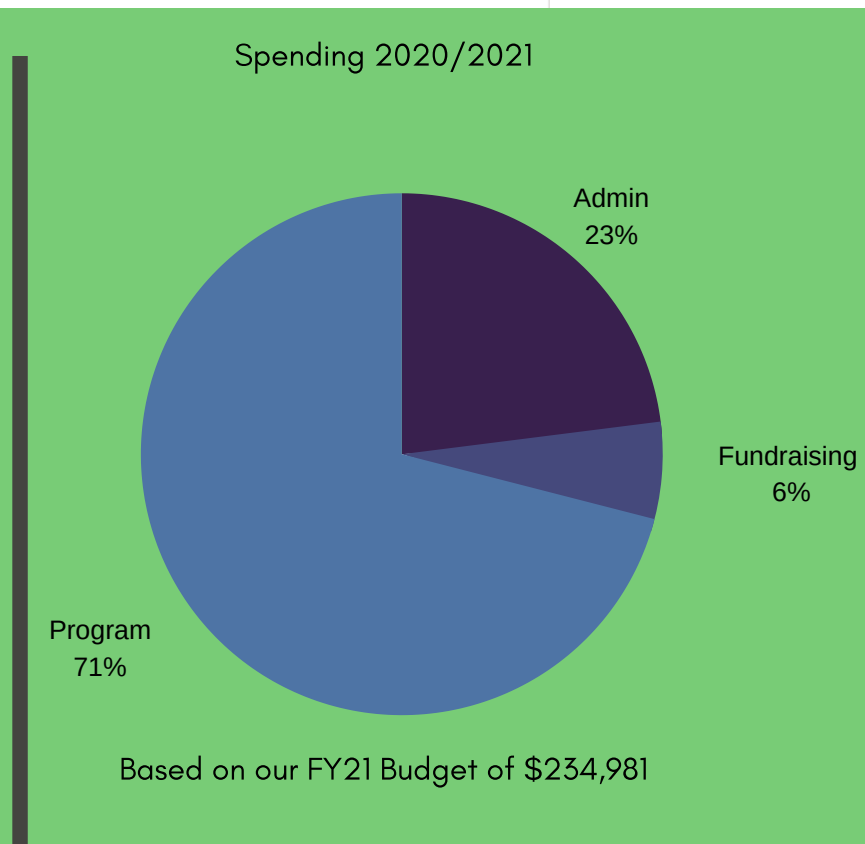
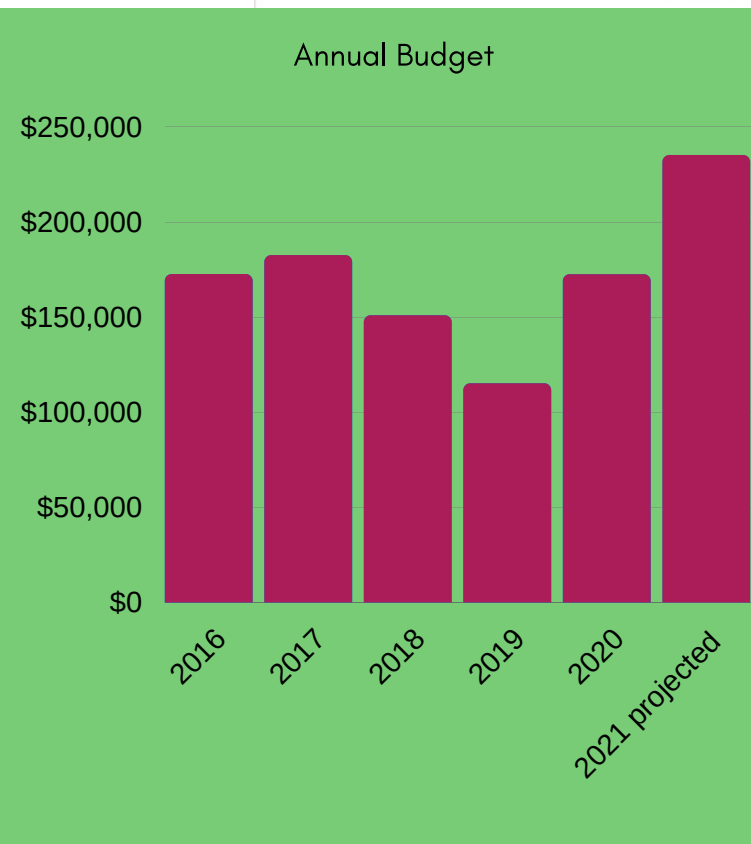
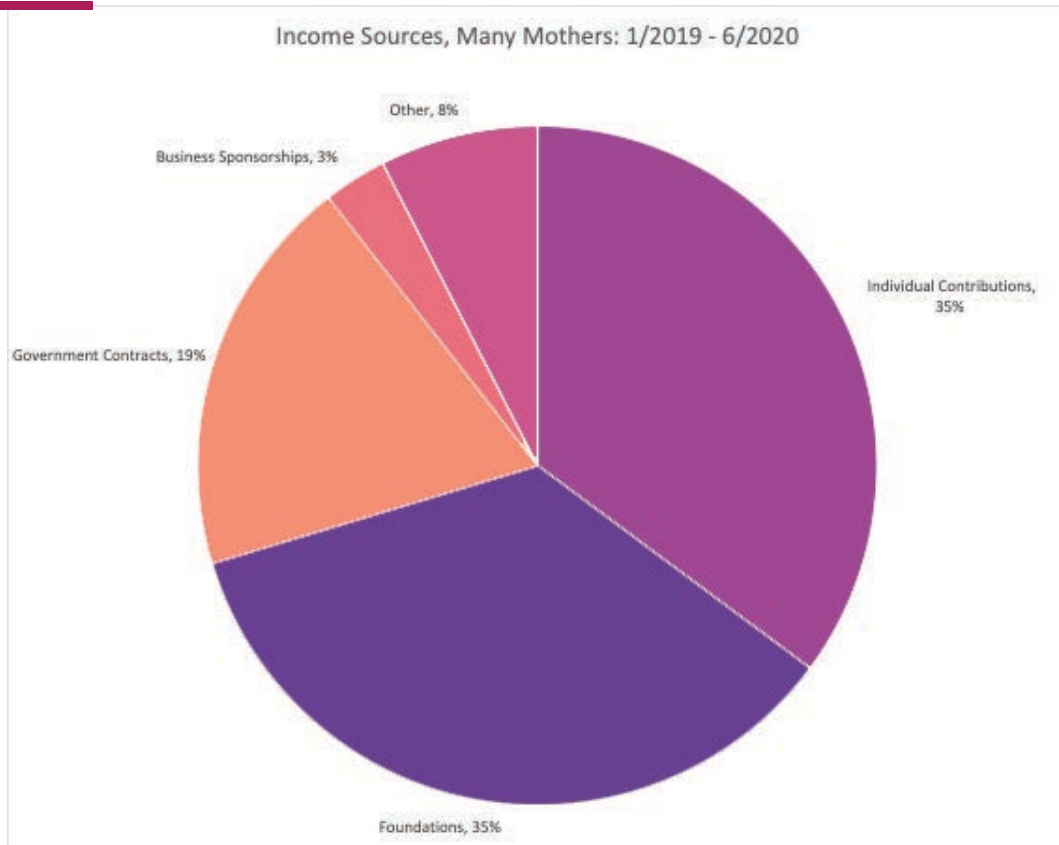


VILLAGE CLOSET

The Many Mothers Village Closet opened in July 2019 so that families can "shop" for new and gently used items for children ages 0-3, available on a sliding scale and donation-only basis, to get their children off to a healthy start. Items include breastfeeding supplies, clothes, toys, books, portable cribs, feeding supplies, and more. This resource significantly reduces the financial strain on families with babies and toddlers.

In the past year, 70 families have received 598 items from Village Closet, including at least 10 families who received free vouchers from partner agencies.

FINANCIAL OVERVIEW



WHO WE ARE

2020 Board of Directors

- Jeanne DuRivage, MA, OTR/L – President
 - Dennis Jung, CPNP – Vice President
 - Maxine Swisa, MA – Secretary
 - Dr. Ellen Pope, OTD/OTR – Board Member
 - Michelle George, MA, LMHC – Board Member
 - Patricia Reifel – Board Member
 - Eva Borins – Board Member
-

2020 Staff

- Antoinette Villamil, MFA, Executive Director
- Nayra Martinez Gallegos, Family Programs' Coordinator
- Anita Castillo, Volunteer Coordinator
- Zoey Barnes, MSW, MFA, Bilingual Navigator



A HUGE THANK YOU!

2019/2020 VOLUNTEERS

Francoise Alexander

Donna Bell

Vonell Bettencourt

Beth Bennett

Sarah Berg

Sue Bryan

Jennifer Burkholder

Martha Burns

Diane Carpenter

Mary Ray Cate

Avi Chatterjee

Laura Cowan

Sean Curry

Ruth Davey

Joalie Davie

Linda Dickson

Drucilla "Dru" Ferguson

Bernadette Freeman

Mary Alice Gillette

Caroline Goldthorpe

Sharon Gonzalez-Alei

Anna Griswold

Nancy Guthrie

Melinda (Mel) Hall

Richard Hall

Isabel Harkins

Sherie Hartle

Laura Henry

Carol Herrera

Marietta Hubler

Dennis Jung

Jeannine LaFontaine

Elaine Lansky

Nancy London

Abby McGahey

Laura Montoya

Ellen Moore

Chantal Pease

Michele Pennington

Martha Puryear

Patricia Reifel

Beverly Richardson

Margaret Rose

Sophia Rose

Alice Saland

Janet Salk

Mary Schultz

Marci Schwartz

Susan Theobald

Vivi Wagner

Amanda Zengel

OUR VOLUNTEER HOURS ACCOUNT FOR \$38,400 OF IN-KIND DONATIONS IN OUR ANNUAL BUDGET, OR 15%!

"This is a hard time to be alive. Climate crisis, corporate greed, it all leaves me occasionally feeling helpless and hopeless. I don't have my own grandchildren, so being with the newborns through Many Mothers gives me the opportunity to share my love, time and attention with a family in need. It restores my soul and sense of purpose, and puts right the world again." ~Volunteer Nancy L.

PARTNERSHIPS

For the past three years Many Mothers has been a lead agency in the ¡Santa Fe Convive! collaborative working group (CWG), which is part of Opportunity Santa Fe. Connecting expectant parents and families to resources they need to succeed is a goal of the CWG. In 2019 and 2020, we scheduled and hosted 10 resource meetings for parents 1-2 times a month with our partners, Gerard's House and La Familia Southside Clinic. At each resource meeting we provided dinner, childcare, transportation assistance, and a presentation from a local agency about the resources or services they have available for families. This program is on hold during the COVID-19 pandemic.



**Opportunity
Santa Fe**
Birth to Career

**MANY
MOTHERS**

La Familia
MEDICAL CENTER
SANTA FE, NEW MEXICO
MEDICAL • DENTAL • BEHAVIORAL HEALTH



Gerard's House
...for grieving children

THANK YOU BUSINESS DONORS

Agni Ayurveda
Agua Fria Nursery
BirthFit Santa Fe
Clafoutis
Collected Works
ElleWell
First Citizens Bank
Emily Garcia, Barker Properties
Harsam, Inc.
Honeymoon Brewery
Indigo Baby
Joe's Diner
Kaune's Neighborhood Market
Long View Asset Management
Marilyn Biles Collection
Monarch Jewelry
Network for Good

New Mexico Bank & Trust
Newman's Nursery
Northern New Mexico Quilt Guild
Payne's Nursery
Perspectives Fine Art Framing
Plants of the Southwest
Plaza Cafe Southside
Santa Fe Bar and Grill
Santa Fe Lavender
Savory Spice
Ten Thousand Waves
Trader Joe's



THANK YOU

INDIVIDUAL DONORS

Nancy Abell	Margaret Ehle	Frances Kean	Lois Pollard
Francis Abernathy	Sarah Ehle	Sara Keeney	Ellen Pope
Hope Abernethy	Gae Eisenhardt	Sangeet Khalsa	Helen Lee Powell
Shabd Simran Adeniji	Jill Espeset Epstein	Judith Kimmel	Martha Puryear
Connie Alvarez	Allison Fabara	Edward Kleiner	Judy Rainger
Patricia and Richard Arens	Meg Feldman	Marc Kolman	Patricia Reifel
David and Margaret (Peggy) Ater	Georjina Fernandez-Betance	Catherine Koss	Mary and Russ Roberts
Jessie Baca	Christopher Fletcher	Jeannine LaFontaine	Barbara Robins
Patricia Bacha	Kathryn Flynn	Duncan Lanum	Barbara Rockman
Sabin Bailey	Cheryl Fossum Graham	Rod Lanum	Elizabeth Roghair
Virginia (Marie) Bass	Bernadette Freeman	Karen Lebron	Margaret Rose
Tamara Bates	Emily Freeman	Doug Leeby	Janet Salk
Kathleen Benecke	Lisa Freeman	Ofelia Lenko	Pamela Salmon
Karen and Raphiel Benjamin	Diane E. Friedman, MD	Gloria and Marvin Lieberman	Shelby Salmon
Beth Bennett	Anne Fullerton	Nancy London	Janet Russek and David
Mary Ann Bennett	Lorenne Gavish	Nance López	Scheinbaum
Vonnell Bettencourt	Kate Geier Shultz	Patricia Lopez	Gerald Schnackenberg
Mary Beth Bigger	Michelle George	Doug Lynam	Mary Schultz
Marilyn Biles	Elaine Gere	Hampton Mabry	Nan Schwanfelder
Marlene Bingaman	Leah Gibbons	Loretta Maes-Bischoff	Marci Schwartz
Sallie Bingham	Steven Gitomer	David Maidenberg	Shelby Schwartz
Patricia Blinn	Marvin J. Godner	Susan Matthews	Lori Seligson
Eva Monica Borins	Roseanna and Gerard Gonzales	Kenneth Mayers	Katherine Seluja
Tori Bove	Sharon Gonzalez-Alei	Donna Mazzola	Serafina Seluja
Glen Brandsma	Barbara Good	Frank & Sharon McCormick	Tara Sikora
Sue Bryan	Susan Griggs	Sara McDowell	Harriet Silverman
Jennifer Burkholder	Nancy Guthrie	Judy McGowan	Soram Singh
Martha Burns	Melinda (Mel) Hall	Dee Ann McIntyre	Emily Marie Smith
Peter Carlson	Richard Hall	Laura McIntyre	Ellen Souberman
Deborah Casillas	Stephen Haras	Kathy McKernan	Nadine Stafford
Mary Ray Cate	Jenny Harland	Doris Meyer	Maria Stennis
Barbara Chamberlin	Haila Harvey	Devon Miller-Duggan	Sherie Stiver Zinn
Avi Chatterjee	Forrest Haslup	Melanie Miller-Short	Rick Tyner
Gerzain Chavez	Toby L. Herzlich	Kathryn Minette	Lara Vaughan
Vincent Chmielarczyk	Megan Heurion	Margaret Mobley	Jean Viallet
Jane Clarke	Bill Hickey	Carly Mohler	Joyce Victor
Char Cook	Christina, Kurt, Sadie, and Drew Hill	Melody Saucedo	Zenia Victor
Laura Cowan	Nancy Hillegas	Lynn Montgomery	Rikki Vieira
Caroline Crone	Anne Hillerman	Ellen Moore	Antoinette Villamil
Marah Curry	Lynn Hoffman	Lisa Moore	Ignacio (Natch) Villamil
Christa Coggins	Laura Jane Holt	Willamarie Moore	Renee Villarreal
Joalie Davie	Henry Isaacs	Nedi Morgan	Celeste Villegas
Freya Diamond	Lauren Iversen	Erin Nickeson	Lynn Walters
Carolyn Dickson	Marvin Schotland	Donna Ormerod	Christine Wantuck
Linda Dickson	Kathryn Johnson	Susan O'Hori	Deborah Weinberg
Adrienne Digneo	Christa Joiner	Janie Clayton Oakes	Deborah Weiss
Katherine Donlon	Robbyne Jones	Jean Olson	Cynthia West
Jeanne Du Rivage	Tammy Judkins	Carole Owens	Cheryl and Rollin Whitman
Jackie Dulle	Dennis Jung	James Peavy	Isabel Winson-Sagan
Lucia Duncan	Anne Mary Karshis	Kristen Pelz	Marilyn and Edwin Winter-Tamkin
Sandra Earl	Cheryl Sommer	Sue Ann Peterson	Antoinette Woodruff
		Barb Petkus	Bette Yozell
			John Zeigel

THANK YOU

FUNDERS

All Together New Mexico Fund – Santa Fe Community Foundation
Blue Cross/Blue Shield NM (Healthy Kids, Healthy Families)
Brindle Foundation
Brindle Fund, Santa Fe Community Foundation
City of Santa Fe – Children and Youth Commission (CYC)
Children, Youth, and Families Department
Clothes Helping Kids, Inc.
Community Foundation of Grant County, Indiana, Inc.
COVID-19 Response Fund – Santa Fe Community Foundation
Cudd Foundation
Daniels Birth to Career Fund, Santa Fe Community Foundation
Francis X. Kelly and Ana V. Kelly Charitable Fund
NewMexicoWomen.Org – Gender Equity Emergency Fund
Jewish Community Foundation Los Angeles
Kate Klein Fund, Santa Fe Community Foundation
New Mexico Early Childhood Funder's Group
McCune Charitable Foundation
Nancy and John Guthrie Family Foundation
Nancy Ann Mellen Foundation
New Mexico Bank & Trust
New Mexico Children's Foundation
Refugee/Migrant Fund – Santa Fe Community Foundation
Santa Fe County
Santa Maria de la Paz Catholic Community
St. Bede's Outreach Committee – St. Bede's Episcopal Church
The John C. Griswold Family Foundation
The United Church of Los Alamos
Unitarian Universalist Congregation of Santa Fe

"My life has been enriched tremendously by my support for "Natalie" and her baby. I was able to support a new mother in her choices and concerns, and she in turn was open and willing to let me bond with her baby. We worked as a team to meet Natalie's needs to complete training so she is able to work from home. Baby "Mary" smiles and laughs, and she sings with me when I sing to her! I am grateful for my opportunity to work with this wonderful mother and her baby. Many Mothers' staff support definitely made our match stronger. ~ Volunteer Ruth D.



THANK YOU

FUNDERS



**Blue Cross and Blue Shield
of New Mexico**



New Mexico Early Childhood Funders Group



Cudd Foundation



NEW MEXICO WOMEN.ORG
Advancing Opportunities for Women and Girls.

In Gratitude



*Anne McCormick
Founder of Many Mothers 1940-2008*